

Us versus them: A description of social dynamics leading to torture and other ill-treatment

We learn it in the school-yard: *Us versus them*. Social acceptance means everything, so much we will even go against our own beliefs. Nobody wants to be left out of the group and everyone has seen what it means to be one of *them*.

I'm one of *them*, not only due to my mixed ethnicity, but also due to *the Cold War* and my family's political involvement on the left side of the political war back in the 70's and 80's. Nothing is black and white, there are pros and cons being one of them: Never have I tried to fit in – it was a hopeless case from the beginning and at the same time liberating not to be a slave of fear of not fitting in.

A lot has changed since I was a child: What used to be the rules in the school-yard is growing around the world.

Us and Them.

Gregory Stanton wrote about it: How we as human beings seems to lack empathy towards, those who are not like us – either it is politically, socially, culturally, ethnically or religiously. Even in the Bible there is a saying – reminding us, how we tend to see other people's flaws, but not our own imperfections.

The same goes for the Western Culture, which has changed dramatically since 9/11, almost without any questions from the general public.

Either you are with us or you are with the terrorists, as George W. Bush kept repeating over and over again.

We are at war with ourselves.

What used to be a war on the borders of our society today is an internal war – *the War on Terror*, a war attacking everything we as a Western Culture used to be.

In 2010 Dana Priest et al, wrote an article in the Washington Post concerning a *hidden world growing beyond control*. The emerging of *the surveillance states*, where everyone is a potential enemy – and still, no one is looking at themselves, questioning their own actions.

Us and them – we much rather point our fingers at others.

Back at the university I was deeply interested in social psychology. It was my main topic of interest, most likely because I had learned since childhood, what it feels like to be one of *them*, living in a predominately white society.

Is it human nature – or is it something we are taught?

We are born as social beings and will die without the care of our parents. It is in our nature to be social: However during my years at the university, I never learned anything about the God given nature of hate: Most likely because it is taught?

Most recently the Danish government changed our constitution in Denmark almost overnight, erasing our individual rights as soon as the Corona Virus crossed our borders. The same thing happened after 9/11, we had our individual protection taken from us by law, *the counterinsurgent law*, almost without any resistance from the general public.

Why is that?

One answer might be ignorance? Controlling the media is a powerful tool.

Another answer might be fear of speaking out against social order, the very foundation of our existence and wellbeing? Controlling the masses seems to be the goal.

In the article from 1985, *the Invisible Third World War*, Walter Bowart and Richard Sutton described how a new psychotronic arms race had begun during *the Cold War*. A race towards total control of the human mind and any ideas that could threaten *business as usual* within politics, also referred to as *Operation Mind Control* or *MKUltra*. An article that was classified by the CIA until 2012 – which immediately raised my attention: This must be real, since the CIA even bothered to classify this article for decades, I thought.

We are taught that people who are not like us are the enemy, but while we as nations used to look for the enemy at our borders, we forgot to look at ourselves and the way democracy has changed over the years.

In mainstream media the enemy is mostly portrayed as a male from the Middle East, but we forgot to look at ourselves and the almost invisible corruption of democracy: politic, the media and our culture, even our minds.

How is it even possible to talk about democracy, when some people in our society don't even count as one of *us*?

The term *us and them* is a contradiction, reminding us, that we do not live in a democracy – but in a *shadow totalitarian state*, as former NSA whistleblower, William Binney says about the surveillance state: *it's a totalitarian procedure. Know what people are doing and get rid of those, who don't fit in* (Binney, 2015).

Edward Snowden also mentions how NSA can frame anyone they like based on the huge amount of data-collection on each and every one of us (Snowden, 2014).

What happened to *we – the people*? What happened to democracy?

The fact that we tend to look for danger anywhere else, but in our own backyard is a major doorway for corruption.

People in power know that and exploited the fact, that no one has really been looking out for democracy for the last many decades.

A lot has changed even when it comes to our law and decision-making. Political procedures and lawmaking used to be done by our parliament, today it is done behind closed doors by our government and *interest groups*: meaning unelected *interest groups*.

Who are these people – the unelected?

As citizens we don't know – and the term *Deep State* emerges: A state within the state, where secret forces are working against democracy.

We have all heard about Bilderberg meetings, but we also know, that we become one of *them*, as soon as we mention the word – *conspiracy*.

Well, I'm not afraid of speaking the truth, since I have always been one of them, and it is truly liberating and highly recommendable.

But it comes with a price. In today's *War against Terror* you are immediately turned into a dissident if you don't obey.

I thought I grew up in a democracy, but I learned it the hard way – there is a *hidden agenda* and it's called total population control.

Call me stupid, but I never learned the lesson in the school-yard, which I have learned today: There have always been bullies, and they will bully you until you obey. Often they don't follow orders themselves: they will steal and cheat, and they don't care about anyone but themselves. They are heading for total control. They want it all.

Clinically speaking I'm referring to the psychopaths – but a system can also turn into a psychopathic system, if you place one of your handpicked bullies in the top of the system. Even better: If you place a bully on both side of the political spectrum – you have total control – soon to be master of the chessboard controlling both white and black chess pieces.

There are *us versus them* and then there are the masters controlling the game.

A game, where your neighbor is potentially an enemy and where innocent people can be placed on a watch-list and lose all their legal rights based on suspicion only: *the dissidents* or *non-persons* as former NSA employer, Karen Melton Stewart wrote in her letter to attorney general William Barr in 2019.

Welcome to *the Wild West*, where people on watch-lists are considered lawless prey, being stalked and harassed by civilian *community stalkers* as part of *the Internal War on Terror* and *the surveillance society*.

Where wireless technology not only makes it possible to spy on each and every one of us, but also target innocent people based on “suspicion only” with technologies (directed energy weapons) most people haven't even heard of – causing terrible torture, even death.

Well, I'm one of these targeted individuals and neither the system, nor my fellow citizens will assist me, in fact it seems they don't care. I don't count. I'm one of *them*.

Anne Helene Have

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Reference:

William Binney (2015): *Hope and Tragedy*. Documentary.

Edward Snowden (2014): *Citizenfour*. Documentary.